

CITY DOCK BREAKFAST MENU

CONTINENTAL BUFFET

Fresh cut fruit, fresh daily bakery selection, butter and jams, milk and yogurt 11

FULL BUFFET

Scrambled eggs, Hickory smoked bacon, sausage links, and biscuits/gravy
Also includes our Omelet station with Belgium waffles 15.95

Buffets available for dine-in only.

ENERGIZE YOUR DAY

Berry and Yogurt Parfait *gf*
Layered with flaxseeds and all natural granola 9

Steel-Cut Oatmeal
Sun-dried raisin and cinnamon pecan compote 5

POWER UP

Egg White and Spinach Omelet
Folded with white cheddar cheese and oven cured tomatoes
Choice of fresh fruit or golden hash brown potatoes 12
(Substitute fruit cup for potatoes *gf*)

Grilled Cheese and Ham Sandwich*
Crispy golden sourdough bread, breakfast ham, gruyere cheese,
fried egg, roasted tomato dip 12

THE SIDE PLATE

A big bowl of berries
A bright mix of seasonal favorites 8

Smoked Bacon, Breakfast Sausage Links or Grilled Ham *gf* 6

A cup of regular, low fat or Greek yogurt *gf*
Berries *gf*, fruit or plain 5

Breakfast Potatoes 5

Toasted Bagel with Philadelphia Cream Cheese
Low fat or regular 4.5

*CONSUMING RAW OR UNDERCOOKED MEAT, SEAFOOD AND EGGS MAY INCREASE
YOUR RISK OF FOOD-BORNE ILLNESS.

White or Wheat Toast or English muffin 3
Apple Triangle and Almond Pocket Danish
Blueberry, Banana and Walnut muffins 2 for 3
Assorted Cold Cereals
Special K, All Bran and Smart Start
with Milk 7

EARLY FAVORITES

Hot Iron Griddled Belgian Waffle
Golden deep-pocket waffle, whipped cream, warm maple syrup and strawberries 12

Golden Buttermilk Blueberry Pancakes
Warm maple syrup and whipped butter 12

Chef's Omelet
Three eggs packed with cured ham, sautéed sweet onion, aged Swiss and cheddar
served with gold hash brown potatoes and choice of toast: (Substitute fruit cup for potatoes *gf*) 14

Grilled Ham and Eggs*
Two eggs cooked your way, golden hash brown potatoes, and choice of toast.
Substitute bacon or sausage 13

Traditional Eggs Benedict:
Poached eggs on an English muffin with Canadian bacon and hollandaise 11

Crab Benedict
Poached eggs on English muffin with Chesapeake Bay crab cake and hollandaise 14

BEVERAGES

Regular and Decaffeinated Coffee 3
Cappuccino: 5, Café Latte: 4, Espresso 3.5
Orange, Apple and Cranberry Juice 3
Vitamin D, Low Fat Milk and Non-Dairy Soy 3
Tazo® teas: Earl Grey, Refresh-Mint, Calm-Chamomile and Zen-Green 3
Coke, Diet Coke, Sprite, Mr. Pibb, Pink Lemonade and Mello Yello 2.5
Iced Tea 3

WE PRIDE OURSELVES IN PROVIDING GLUTEN FRIENDLY MENUS CHOICES. WHILE WE ENDEAVOR TO CAREFULLY PREPARE THOSE MEALS TO ACCOMMODATE A GLUTEN FREE DIET, PLEASE BE AWARE THAT THEY MAY BE PREPARED IN AN ENVIRONMENT WHERE GLUTEN IS PRESENT. PLEASE ASK YOUR SERVER TO ASSIST YOU IN MAKING YOUR SELECTION. PLEASE CONSULT YOUR PHYSICIAN AS TO YOUR PERSONAL HEALTH DECISIONS.

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